






NEW HORIZON COLLEGE OF ENGINEERING

DEPARTMENT OF CSE (DATA SCIENCE)

Event: TEDx Talk – “Leadership: How to be Confident”




Venue: Room C204

Time-9:00 AM-10:00AM

TEDxTALK

**Leadership:
How to be confident**

 13 March 2026
 09:00 AM to 10:00 AM
 6th Semester Students

Speaker
Ms. Montana Von Fliss

Faculty Coordinator
Pallavi Nayak
Assistant Professor

Convenor
Dr. B Swathi
HoD -CSE(DS)

Dr. R J Anandhi
Dean-Academics

Dr. Manjunatha
Principal

Organised by
Department of Computer Science and Engineering (Data Science)

The Department of Computer Science and Engineering (Data Science), New Horizon College of Engineering, organized a TEDx Talk titled “Leadership: How to be Confident” on 13th March 2026 for 6th semester students. The session featured Ms. Montana Von Fliss, a renowned executive speech and presentation coach, who shared valuable insights on building confidence and effective communication. The talk focused on how confidence is not always a natural trait but a skill that can be developed through practice and intentional actions. The speaker explained that individuals can appear confident even when they do not feel confident internally by making conscious choices in their body language, voice, and delivery.



The session introduced key techniques to improve confidence, including maintaining a balanced energy level while speaking, using strategic pauses to emphasize ideas, and adopting strong body posture to project confidence. The speaker highlighted that confidence is influenced by both physical and mental factors, and individuals can train themselves to overcome nervousness

through repeated practice and self-awareness. She emphasized the importance of purposeful practice, where each attempt focuses on improving specific aspects of communication.

Another important aspect discussed was the role of mindset in building confidence. The speaker explained how internal self-talk and thoughts influence external behavior and encouraged students to develop positive mental habits to manage fear and self-doubt. She also highlighted that confidence is not about eliminating nervousness but about learning how to perform effectively despite it. The talk connected confidence with leadership, explaining that confident communication is essential for influencing others, presenting ideas, and taking initiative in professional environments.



The session concluded with key takeaways on improving communication skills, developing stage presence, and building self-confidence through consistent effort. Students gained a deeper understanding of how confidence can be cultivated as a practical skill and were encouraged to apply these techniques in academics, presentations, and future careers. Overall, the TEDx talk provided an engaging and insightful learning experience, inspiring students to enhance their leadership qualities and communication abilities.



Faculty Coordinator

Assistant Prof.

Ms. Pallavi Nayak

Convener

HOD-CSE-DS

Dr. B Swathi